

Trees & Fruit

Warm Up

Magic Line Activities:

Running, Jumping, Hopping, Aeroplanes, Crocodiles, Crabs,
Stretches – Head, Shoulders, Knees & Toes...

#LearnThroughPlay

Scatter coloured cones around the hall

Differentiate the goals in each corner to make it a coloured goal.

1x Red Goal, 1 x Blue Goal, 1x Green Goal, 1x Yellow Goal...

Children with a ball each (Cuddling or Little Kicks)

Children need to take the correct small cone to its home (Red cone goes into the Red Goal), once it is placed outside of the goal, children place football on top of the small cone and kick the ball into the goal.

Collect ball and try another colour...

Do this until all cones are at the correct colour goal.

Tidy Up Time & Drinks Break

Main Activity

Line up tall cones (Trees) in front of the Magic Line.

Children have to go out and plant their trees around the hall

Once all trees have been planted now get your coloured cones out and scatter them in front of the Magic Line, test the children to see if they know their colours and then make up fruits for the cones, (Yellow Cone are bananas etc).

Children need to pick up a small cone and match them to the correct colour tree, Yellow Cone (Banana) goes onto the yellow tree... Continue this until all small cones are on the correct trees...

Trees have been planted, fruits are now on the trees, it's now time to check them. Children will now get a ball each and practice their little kicks / cuddling the ball, around the trees and make sure they don't knock them over. Encourage the children to take their time and perform little kicks.

Once your children have been practicing their little kicks for a good period of time bring them back to the magic line.

Finally, it's time to harvest the fruits, children perform little kicks to a tree and take a big kick to try to get the ball to knock over the tree and the fruits, children then move onto the next tree...

Coaches need to be proactive and be quick to put cones back up so that the game doesn't run out too quickly

Tidy Up Time

Extra-Time (Penalties and Rewards)

Children sitting patiently on the magic line

Call children up one at a time, once they have scored their penalty they receive their sticker.

Bobby Teddy and Bobby Adventure Book to be given to ONE child for them to keep for the week and give back.