



CARS & ROUNDABOUTS

SESSION PLAN

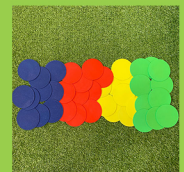
Things to remember:

- Children's names - make it your main priority to remember every child's name and mention everyone at least 3 times throughout a session.
- Phones away from the moment a parent and child arrive unless you are taking the register an assistant should never have their phone out.
- Interact as soon as a child enters the hall.

GAME

EQUIPMENT NEEDED

Small Cones
Footballs
Bazooka Goals
Pads



Setup:

Coaches need to scatter pads around the hall.

Coaches to provide each child with a cone (only use 4 colours).

The Game:

Children have a cone each and will run out holding it as a steering wheel going around the pads as if it is a roundabout. This should only be short.

Children will now run out around the roundabout and place their cones in the area. Goals will be in the corners and will become the pit stops.

Coaches will spread the cones these out - (children have a tendency to put everything in a straight line)

Children will now take a ball out either driving or little kicks and must go around the roundabouts towards a goal. They will place a ball on a cone (car)

Once all the balls are on top of the cars children will run out and score into the goals. To make this more achievable in a smaller area you could build a road they have to follow before they shoot - maybe a one way system

If there is some time left then coaches can rearrange the goals into different positions and children can run out with their ball and continue scoring.

Tidy up time.