

# Welcome To BabyBallers!

We're delighted to welcome you to our BabyBallers club and cannot wait to meet you and your little superstar on your first session. Our sessions are parent participation sessions, but don't worry, our parents love a chat and we build a lovely community feel within our sessions.

Here's what to expect in the session:

## Free Time:

Upon arrival we always allow child and parent/carer some free time to kick some footballs around, score some goals, and gradually feel more comfortable about being in a new environment with new people.

## The Warm up:

We start to warm up the body and our brains, performing fundamental movement activities relative to the age group, with and without a ball sometimes.

## Ball Mastery:

This part of the session will allow your child to become comfortable with a ball at their feet, or in their hands...

Typically we don't expect our BabyBallers group to solely just use their feet but we will encourage activities that progress the children to then be able to over time. The MiniBallers and Ballers group are encouraged to only use their feet when they become ready.

## The Game:

A fast paced activity that includes shape, colour, and sometimes even number matching. Hundreds of goals will be scored in our game time and smiles and laughter follow suit. Whether you are taking the ball around crocodiles or planting trees, imagination will always run wild at our sessions.

## Extra Time & Penalties

We now come to the end of our session, all of the children will be sat at the Magic Line (Your coach will explain where this is) and one by one, each child will step up to score a penalty and receive their BabyBallers sticker. We love Penalties because it helps to teach the children about patience and waiting for their turn.

## Added Extras!

**Hi-Fives whenever you want them!**

**Children's Tidy Up Times after activities**

**Bobby Ballers Adventure Book for the week with Bobby Teddy  
& More!**

**See You Soon!**

Bobby Baller.



LearnThrough  
**#Play**



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